



From Trauma to Triumph: When Survivors Give Birth *Advanced Practitioner Training*



An in-depth training for *professionals* who work with *pregnant childhood sexual abuse survivors*. This training will enable you to better serve your clients and help them intentionally prepare for their upcoming labor, birth, and postpartum experience.

This advanced training will cover:

- Childhood sexual abuse - definitions, prevalence, and developmental impact
- Impact of childhood sexual abuse on adults, pregnant women, labor, postpartum, and breastfeeding
- How to inquire about and how to respond to a client's sexual abuse/trauma history
- How to care for yourself and prevent vicarious traumatization
- The six trigger themes and 27 common maternity triggers for childhood sexual abuse survivors
- Tools for better serving survivor clients during pregnancy, labor, and postpartum
- Communication skills
- Power differentials between caregiver and patient
- Videos of *From Trauma to Triumph* consultations
- How to facilitate birth preparation consultations with clients, including mock consultation practice
- Birth trauma - prevalence, prevention, and treatment



Facilitated by: Selena Shelley, MA, CD, LCCE, CHBE

Selena has over a decade of experience as a psychotherapist and birth doula working with pregnant childhood sexual abuse survivors. As a *From Trauma to Triumph* trainer, she helps professionals learn how to work more easily and effectively with survivors during this transformative time in their lives.

- ❖ February 21st & 22nd, 2014 from 9am - 5pm
- ❖ Lafayette, CO
- ❖ \$250 (\$220 for practitioners who have previously taken a *From Trauma to Triumph* workshop)
- ❖ ICEA CEUs available

Space is Limited. For More Information or to Register:
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